



# Advanced Spinal Rehabilitation Center

*“The leading Northwest center for non-surgical treatment of scoliosis.”*

## PATIENT APPLICATION FORM (MINOR)

WELCOME TO OUR CLINIC. We specialize in assisting our patients to achieve their optimal level of health through our spinal and postural corrective programs. Our research based approach is very unique and advanced even from other rehabilitative programs. This allows our patients to achieve far superior results compared to most other systems.

We only accept cases that we are confident we can help so please fill out the following information thoroughly so the doctor can let you know if you are a case we can accept. Please feel free to ask any questions if you need assistance. We look forward to serving you!

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Parent/Legal Guardian Name: \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_

## PATIENT APPLICATION SURVEY—MINOR

Name: \_\_\_\_\_ Gender: M F Marital Status: S M D W  
Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Home Phone: ( ) \_\_\_\_\_ Father Cell Ph: ( ) \_\_\_\_\_ Mother Cell Ph: ( ) \_\_\_\_\_  
Minor Email Address: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (Age) \_\_\_\_\_  
Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ # of Children in family: \_\_\_\_\_  
Names of Children/Brother/Sister: \_\_\_\_\_ Ages: \_\_\_\_\_  
Father Name: \_\_\_\_\_ Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Father Work Phone: ( ) \_\_\_\_\_ Father Email: \_\_\_\_\_  
Mother Name: \_\_\_\_\_ Mother Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Mother Work Phone: ( ) \_\_\_\_\_ Mother Email: \_\_\_\_\_  
How were you referred to this office? \_\_\_\_\_

## PURPOSE OF THIS VISIT

Reason for this visit: \_\_\_\_\_ Is this purpose related to an auto accident / work injury?  Yes  No  
If so, when: \_\_\_\_\_ Describe: \_\_\_\_\_  
Please describe the pain & its location: \_\_\_\_\_  
When did this condition begin? \_\_\_\_/\_\_\_\_/\_\_\_\_ When did you first notice it? \_\_\_\_\_  
Is this condition getting worse?  Yes  No Is this condition:  Constant  Comes & goes  Activity related  
Does condition interfere with: \_\_Work \_\_Sleep \_\_Hobbies \_\_Daily Routine Explain: \_\_\_\_\_  
What activities aggravate your symptoms? \_\_\_\_\_  
Is there anything, which has relieved your symptoms?  Yes  No Describe: \_\_\_\_\_  
Have you experienced this condition before?  Yes  No If so, please explain: \_\_\_\_\_  
Who have you seen for this? \_\_\_\_\_ What did they do? \_\_\_\_\_  
How did you respond? \_\_\_\_\_

## EXPERIENCE WITH CHIROPRACTIC

Have you seen a Chiropractor before?  Yes  No Who? \_\_\_\_\_ When? \_\_\_\_\_  
Reason for visits: \_\_\_\_\_  
How did you respond? \_\_\_\_\_  
Did your previous chiropractor take before and after x-rays?  Yes  No Did you know posture determines your health?  Yes  No  
Are you aware of any of your poor posture habits?  Yes  No  
Explain: \_\_\_\_\_  
Are you aware of any poor posture habits?  Yes  No  
Explain: \_\_\_\_\_  
The most common postural weakness is **Forward Head Syndrome** (head and neck starting to bend forward and progressively moving downward weakening your whole body). Even less severe forms of this posture can cause many adverse affects on your overall health. Have you ever been told or feel like you carry your head forward, noticed a rounding of your shoulders or a developing “hump” at the base of your neck?  Yes  No

# HEALTH CONDITIONS

Abnormal postures and distortions are the result of trauma or stress to the body that have misaligned the vertebrae in your spine. When these vertebrae are twisted from their normal position, they will cause stress to the spinal cord and the delicate nerves that pass between the vertebrae. These misalignments are called **subluxations** (sub-lux-a-shuns). It has been extensively documented that subluxations, causing stress to your nerves, will weaken and distort the overall structure of your spine. This results in a weakened and distorted **POSTURE**. Postural distortions have many serious and adverse affects on your overall health. The most common and detrimental postural distortion is called **Forward Head Syndrome** (a “**hunched forward**” posture starting in the neck and progressively moving down your spine weakening the entire body). Please check any health condition you may be experiencing, now or in the past.

## CERVICAL SPINE (NECK):

Postural distortions from **subluxations**, (causing **Forward Head Syndrome**), in your neck will weaken the nerves into your arms, hands and head affecting these parts of your body. Do you experience...?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Neck Pain                           | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Sinusitis           |
| <input type="checkbox"/> Pain into your shoulders/arms/hands | <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Allergies/Hay fever |
| <input type="checkbox"/> Numbness/tingling in arms/hands     | <input type="checkbox"/> Visual disturbances | <input type="checkbox"/> Recurrent colds/Flu |
| <input type="checkbox"/> Hearing disturbances                | <input type="checkbox"/> Coldness in hands   | <input type="checkbox"/> Low Energy/Fatigue  |
| <input type="checkbox"/> Weakness in grip                    | <input type="checkbox"/> Thyroid conditions  | <input type="checkbox"/> TMJ/Pain/Clicking   |

Doctor Only: \_\_\_\_\_

## THORACIC SPINE (UPPER BACK):

Postural distortions from **subluxations** (resulting from **Forward Head Syndrome**) in the upper back will weaken the nerves to the heart and lungs and affect these parts of your body. Do you experience...?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Heart Palpitations   | <input type="checkbox"/> Recurrent Lung Infections/Bronchitis | <input type="checkbox"/> Heart Murmurs       |
| <input type="checkbox"/> Asthma/Wheezing      | <input type="checkbox"/> Tachycardia                          | <input type="checkbox"/> Shortness Of Breath |
| <input type="checkbox"/> Heart Attacks/Angina | <input type="checkbox"/> Pain On Deep Inspiration/Expiration  |  |

Doctor Only: \_\_\_\_\_

## THORACIC SPINE (MID BACK):

Postural distortions from **subluxations** (resulting from **Forward Head Syndrome**) in the mid back will weaken the nerves into your ribs/chest and upper digestive tract, and affect these parts of your body. Do you experience...?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Mid Back Pain            | <input type="checkbox"/> Nausea   | <input type="checkbox"/> Pain Into Your Ribs/Chest |
| <input type="checkbox"/> Ulcers/Gastritis/Colitis | <input type="checkbox"/> Indigestion/Heartburn  | <input type="checkbox"/> Hypoglycemia              |
| <input type="checkbox"/> Reflux                   | <input type="checkbox"/> Tired/Irritable after eating or when you haven't eaten for a while |  |

Doctor Only: \_\_\_\_\_

## LUMBAR SPINE (LOW BACK):

Postural distortions from **subluxations** in the low back (resulting from **Forward Head Syndrome**) will weaken the nerves into your legs/feet and pelvic organs and affect these parts of your body. Do you experience...?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Low back pain                       | <input type="checkbox"/> Muscle cramps in your legs/feet             | <input type="checkbox"/> Constipation / Diarrhea                     |
| <input type="checkbox"/> Pain into your hips/legs/feet       | <input type="checkbox"/> Weakness/injuries in your hips/knees/ankles | <input type="checkbox"/> Menstrual irregularities/cramping (females) |
| <input type="checkbox"/> Numbness/tingling in your legs/feet | <input type="checkbox"/> Recurrent bladder infections                | <input type="checkbox"/> Sexual dysfunction                          |
| <input type="checkbox"/> Coldness in your legs/feet          | <input type="checkbox"/> Frequent/difficulty urinating               |  |

Please list any **accidents/falls** and dates: \_\_\_\_\_

Please list any **health conditions not mentioned**: \_\_\_\_\_

Please list any **medications / surgeries**: \_\_\_\_\_

**Dominant side:** R L or Ambidextrous (equally able to use both left and right appendages)

**Female Menses:** Has menstrual cycle started?  Yes  No If yes, date started? \_\_\_\_\_

## HEALTH HISTORY

Have you (mark with **\***) or any of your family (mark with **"F"**) members ever been diagnosed with the following:

- |  |  |  |                                       |
|--|--|--|---------------------------------------|
| <input type="checkbox"/> Diabetes –Type: _____   | <input type="checkbox"/> Varicose veins          | <input type="checkbox"/> Neurological problems | <input type="checkbox"/> Lung Disease |
| <input type="checkbox"/> Rheumatic fever         | <input type="checkbox"/> Circulatory problems    | <input type="checkbox"/> Stroke                | <input type="checkbox"/> Heart murmur |
| <input type="checkbox"/> High/Low blood pressure | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Kidney disease          | <input type="checkbox"/> Epilepsy/seizures       | <input type="checkbox"/> Migraine Headaches    | <input type="checkbox"/> Arthritis    |
| <input type="checkbox"/> Liver disease           | <input type="checkbox"/> Metal Implants          | <input type="checkbox"/> Infectious disease    | <input type="checkbox"/> Gall bladder |
| <input type="checkbox"/> Broken bones/fractures  | <input type="checkbox"/> Appendectomy            | <input type="checkbox"/> Tonsillectomy         | <input type="checkbox"/> Hernia       |
| <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Polio                   | <input type="checkbox"/> Tuberculosis          | <input type="checkbox"/> Anemia       |
| <input type="checkbox"/> Whooping Cough          | <input type="checkbox"/> Chicken Pox             | <input type="checkbox"/> Mumps/Measles         | <input type="checkbox"/> Hepatitis    |
| <input type="checkbox"/> Thyroid                 | <input type="checkbox"/> Small Pox               | <input type="checkbox"/> Influenza             | <input type="checkbox"/> Pleurisy     |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Lumbago               | <input type="checkbox"/> Eczema       |
| <input type="checkbox"/> Chest Pains             | <input type="checkbox"/> Heart Surgery/Pacemaker | <input type="checkbox"/> HIV/Aids              | <input type="checkbox"/> Shingles     |
| <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Scoliosis               | <input type="checkbox"/> Other: _____          |                                       |

Are you taking any of the following:

- |   |  |                                       |  |
|---|--|---------------------------------------|--|
| <input type="checkbox"/> Nerve Pills    | <input type="checkbox"/> Pain Killers  | <input type="checkbox"/> Cannabis     | <input type="checkbox"/> Aspirin       |
| <input type="checkbox"/> Muscle Relaxer | <input type="checkbox"/> Blood Thinner | <input type="checkbox"/> Tranquilizer | <input type="checkbox"/> Stimulant     |
| <input type="checkbox"/> Insulin        | <input type="checkbox"/> Statin        | <input type="checkbox"/> Chemotherapy | <input type="checkbox"/> Birth Control |

Please list any allergies: \_\_\_\_\_

## HEALTH LIFESTYLE

How much do you value your Health on a scale of 1-10? \_\_\_\_\_

Do you exercise?  Yes  No How often? 1X 2X 3X 4X 5X per week other: \_\_\_\_\_

What activities? Running Jogging Weight Training Cycling Yoga Pilates Swimming other: \_\_\_\_\_

What time of day do you find yourself feeling tired or low energy? Morning Afternoon Evening I never feel tired

Do you smoke? Yes No How much? \_\_\_\_\_ Do you drink alcohol? Yes No How much / week? \_\_\_\_\_

Do you drink coffee? Yes No How many cups / day? \_\_\_\_\_

How many days a week do you eat fast food or frozen food 1-3 4-6 7

Do you take any supplements (i.e. vitamins, minerals, herbs)? \_\_\_\_\_

On a scale of 1-10, how open are you to learning more about natural (preventative) solutions to your health needs? \_\_\_\_\_

How much daily stress do you experience? Mild Average Severe

## HEALTH LIFESTYLE (CONT.)

Are you involved with sports/activities outside of school? (Ex. Soccer, horseback riding, trampoline, tennis) Yes No  
If yes, please list \_\_\_\_\_

Do you play an instrument(s)? Yes No If yes, please list \_\_\_\_\_

Do you carry a backpack? Yes or No Approximately how heavy? \_\_\_\_\_

Do you use a cell phone? Yes No Do you text? Yes No

Please circle if you use the following: Desktop computer Laptop ipad

Number of hours/day using computer/laptop/ipad \_\_\_\_\_

Please circle if you carry: Purse Laptop Bag ipad

Where do you do your homework? On my bed At a desk At a Kitchen/dining table Other location: \_\_\_\_\_

## IN CASE OF EMERGENCY CALL

Name \_\_\_\_\_

Relationship to Minor: \_\_\_\_\_

Work Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

## PREFERRED METHOD OF CONTACT

**Circle all that apply and complete the information below:** Phone Text Email

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Text: \_\_\_\_\_ Preferred #: \_\_\_\_\_

Email: \_\_\_\_\_

\*\*\*\*\*

**I give permission to email statements as needed?** Yes No

# LIFE STRESSES EVALUATION

The following three areas of stress can cause the vertebrae to misalign (**subluxation**). Do you recognize any of these stresses? Please circle when you experienced these stresses: C (child), T (teenager), A (adult), or N (not at all).

**I. PHYSICAL STRESS:**

	C	T	A	N	Explain
Birth Trauma					_____
Slips/Falls					_____
Car Accidents					_____
Sports Injuries					_____
Physical Abuse					_____
Work Injuries					_____
Poor Posture					_____
Sitting on a wallet for years					_____
Sleeping Position—Stomach					_____
Extensive Computer Work					_____
Carrying Heavy Purse/Bookbag/Child					_____
Repetitive Lifting/Bending					_____
Driving for many hours					_____
Continuous hours sitting/standing					_____

**II. EMOTIONAL STRESS:**

	C	T	A	N	Explain
Relationships					_____
Career					_____
Children					_____
Fast-Paced Life					_____
Hold in Feelings					_____
Quick Tempered					_____
Verbal Abuse					_____
Perfectionist					_____
Procrastinator					_____
Loss of a Loved One					_____
Shoveling, Painting, Gardening, Cleaning					_____

**III. CHEMICAL STRESS**

	C	T	A	N	Explain
Smoker—Amount?					_____
Second-hand Smoke					_____
Poor Diet					_____
Caffeine —Amount?					_____
Excessive Sugar					_____
Artificial Sweeteners					_____
Prescription Drugs					_____
Over-The-Counter Drugs					_____
<i>(Example: Tylenol, Motrin)</i>					_____

IV. Which do you feel are primary stresses? \_\_\_\_\_  
 \_\_\_\_\_

## INSURANCE INFORMATION & POLICY

**For Parent/Legal Guardian:** I clearly understand that all insurance coverage, whether accident, work related, or general coverage is an **arrangement between my insurance carrier and myself**. If this office chooses to bill any services to my insurance carrier that they are performing these services are **strictly as a convenience to me**. **Staying informed at all times of my account status is my responsibility**. The Doctor's office will provide any necessary reports or required information to aid in insurance reimbursement of services, but I understand that insurance carriers may deny my claims and that I am ultimately responsible for any unpaid balances. Any monies received will be credited to my account.

**Understand there could be some services that your insurance company does not cover, if this is the case are you willing to pay for these services? [ ] YES [ ] NO**

Patient/Legal Guardian Name \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal Guardian Signature Authorizing Care \_\_\_\_\_ Date \_\_\_\_\_

I hereby authorize Advanced Spinal Rehabilitation Center to administer care as deemed necessary to my child, a minor under the age of 18 years old.

**You are considered to be a cash patient until our office qualifies your coverage** to determine the extent of benefits under your policy.

All patients under Maintenance Care will not be eligible for insurance assignment, unless otherwise stated. Charges for services rendered will be due at the time of service.

Name of Insurance Co. \_\_\_\_\_ Policy# \_\_\_\_\_

Address \_\_\_\_\_ Phone # \_\_\_\_\_

Insured's Name \_\_\_\_\_ Insured's SS# \_\_\_\_\_

For Automobile Accidents, include Policy Claim No. \_\_\_\_\_

Relationship to Insured \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Employer \_\_\_\_\_

**Who should receive charges on this account?**

Patient  Spouse  Parent/Guardian  Workers Comp  Auto Insurance  Medicare  Personal Health Insurance

## RADIOGRAPH CONSENT

I, (Parent/Legal Guardian Name) \_\_\_\_\_ do hereby give my consent to allow Advanced Spinal Rehabilitation Center and its representatives, as deemed by the examining physician to **take radiographs of (Minor Name) \_\_\_\_\_ spine and/or extremities.**

**Female:** I also hereby declare that to the best of my knowledge that **I am not pregnant** \_\_\_\_\_ ( Initial ) I have been advised that certain x-ray examinations, particularly those involving the pelvis, can be hazardous to an unborn child.

Signature of **Patient/or Guardian of said Minor** \_\_\_\_\_ Date \_\_\_\_\_

# FINANCIAL POLICY

We believe that a clear definition of our office policies will allow you, the patient, and us, the doctor, to concentrate on the big issue – **REGAINING AND MAINTAINING YOUR HEALTH.**

**Cell Phone Usage:** HIPAA RULES: **No cell phones in treatment areas. It is prohibited to take pictures.** Please help us keep a peaceful, relaxing environment by putting your phone on silent mode or off. **Please take your phone calls outside.**

**It is our Financial Policy that patients whose monthly payments are not paid on or before the 21st of each month, will incur a one-time service charge/late fee of \$20.00 per late or missed monthly payment.**

As a patient in our office, it will be your responsibility to keep scheduled appointments. If you need to cancel or reschedule an appointment we **require at least 24-hours notice.** If at least 24-hours notice is not received you will be charged a **\$25.00 no-show fee.**

It is our policy that **ALL services rendered in this office are charged directly to you, the patient, and that you are personally responsible for all payments,** regardless of whether or not this office accepts insurance assignment. It is also your patient responsibility to ask any and all questions regarding your account balance, payments and charges and to know at all times where your account stands.

**Should you discontinue care for any reason other than being discharged by the doctor,** all balances will become due immediately, payable in full. All payments are expected at the time of service; including co-pays, co-insurance, deductibles, and/or time of service fees. Failure to pay any coupon or promotional special fees will result in being charged full retail fees.

**Returned checks will be charged a \$35.00 NSF fee per transaction. All balances for services rendered that are over 60 days will be charged 1% simple interest on that balance each month on the first of the month.**

**All accounts not paid within ninety (90) days will automatically be sent to an outside collection agency.**

## Phone and Skype Consultations:

We continue to work towards providing our patients the best possible healthcare which includes personal consultations outside the clinic. Due to the increased demand and frequency of extended consultations by phone and Skype interactions, Advanced Spinal Rehab is incorporating a charge for these types of consultations. There is a corresponding code that you will be able to submit to insurance which you will see on your attached itemized billing statement. Note that simple email questions will continue to be answered at no charge.

## Insurance Reports/Updates/Referrals:

The first 2 **brief** reports, updates, or referrals which Advanced Spinal Rehab provides to you or your insurance company are no charge. Each additional basic reports, updates, or referrals will be provided at a charge of \$40.00. More in-depth reports will be charged based on the complexity and you will be advised of the charge prior to the report being written. Please email us with the details of what you need included in the report, the name of the insurance company, patient name and number, and date the report is needed. **We require the information 2 week's prior.**

## **PARENT/LEGAL GUARDIAN RESPONSIBILITY:**

I certify that I have read and understand all of the above information. I understand that I am personally **financially responsible** for all services rendered whether or not paid for by my insurance. I am also responsible for any **annual deductibles applicable, co-payments, or non-covered services as may be required by my insurance plan.** I also agree to and understand that any balance over 60 days will incur 1% simple interest on the first of each month until paid in full.

x \_\_\_\_\_  
Signature of Patient or Person acting on Patient's behalf Date

## **PARENT/LEGAL GUARDIAN AUTHORIZATION:**

I authorize the **release** of any **medical or other information necessary to process my claims.** This is a permanent authorization that I may revoke at any time by written notice.

x \_\_\_\_\_  
Signature of Patient or Person acting on Patient's behalf Date



## HEALTHCARE AUTHORIZATION FORM

\_\_\_\_\_(Initial) I authorize and agree to allow the doctors to work with my spine through the use of spinal adjustments and rehabilitative exercises for the sole purpose of postural and structural restoration of normal biomechanical and neurological function.

\_\_\_\_\_(Initial) The doctors will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another health care practitioner, or are not related to the spinal structural conditions diagnosed at this clinic.

\_\_\_\_\_(Initial) I also clearly understand that if I do not follow the doctors specific recommendations at this clinic that I will not receive the full benefit from these programs, and that if I terminate my care prematurely that all fees incurred will be due and payable at that time.

THE FOLLOWING AUTHORIZES ADVANCED SPINAL REHABILITATION CENTER TO USE AND/OR DISCLOSE PROTECTED HEALTH CARE INFORMATION IN ACCORDANCE WITH THE FOLLOWING SPECIFIC AUTHORIZATIONS:

\_\_\_\_\_(Initial) I give permission to Advanced Spinal Rehabilitation Center to **treat (Minor Name)** \_\_\_\_\_ **in an open room** where other patients are also being treated. I am aware that **other persons in the office may overhear some of his/her protective health care information** during the course of treatment. Should the patient or parent/legal guardian need to speak with a doctor in private, the doctor will provide a private room for these conversations.

We may contact you to give you information about workshops or services related to your treatment, case management, or to direct or recommend other treatments or health-related benefits and services that may be of interest to you. We may put your picture, written or video testimonial up in our office or on our website. We may also encourage you to purchase a product or service when we see you. We will not use or disclose your medical information without your written authorization.

I hereby acknowledge that I have been provided with a copy of the Notice of Privacy Practices for Advanced Spinal Rehabilitation Center that provides me a more complete description of information uses and disclosures, I understand that I have the following rights and privileges:

- \* The right to review the notice prior to signing this consent
- \* The right to object to the use of my health care information for directory purpose
- \* The right to request restrictions as to how my health care information may be used or disclosed in this office to carry out treatment, payment, or health care operations

I further acknowledge that a copy of the current notice is **posted in the reception area** and that any amended Notice of Privacy Practices will be made available at my next appointment.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

**If not signed by the patient**, please indicate:

- Relationship:  Parent or guardian of minor patient  
 Guardian or conservator of an incompetent patient

Name of Patient: \_\_\_\_\_